




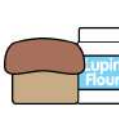


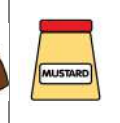
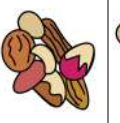
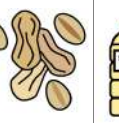
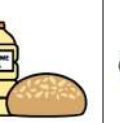
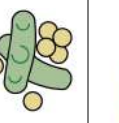



## DISHES AND THEIR ALLERGEN CONTENT – SPON GATE SPRING/SUMMER MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Burger with potato wedges and Sweetcorn.		√										√	√	√
Southern Fried Quorn Burger with potato wedges and Sweetcorn.		√		√			√						√	
Jacket Potato with Baked Beans														
Jacket Potato with Cheese							√							
Jacket Potato plain														
Jacket Potato with Baked Beans & Cheese							√							
Pork Sausage, Mashed Potatoes and Gravy		√		√			√							√
Meat Free Sausage, Mashed Potatoes and Gravy		√		√			√							
Chicken Curry of the Day with Rice, Naan Bread or Poppadom		√					√		√				√	
Vegetarian Curry of the Day with Rice, Poppadom or Naan Bread		√		√			√		√				√	

Jumbo Fish Fingers with Chips & Garden Peas		√			√		√		√					
Fish Goujons with Chips & Garden Peas	√				√		√							
Cheese and Tomato Pizza with Chips & Garden Peas		√					√							
Pork Sausage Roll with Potato Waffles and Bean		√										√	√	
Cheese Pastry Roll with Potato Waffles and Beans		√					√							
Jam Sandwich														
Ham Sandwich														
Cheese Sandwich							√							
Bread and Butter							√							
Crisps	√	√		√			√		√				√	
Chicken Strips with Curly Fries and Salad		√												
Quorn Strips with Curly Fries and Salad		√		√										
Italian chicken with pasta and garlic bread.		√		√			√							
Macaroni and Cheese Pasta with Garlic Bread				√			√							

Quorn Dippers with Potato Wedges & Beans		√		√			√						√	
Mild Beef Chilli with Rice and Garlic Bread														
Vegetable Chilli with Garlic Bread	√	√					√						√	
Chicken Nuggets with Potato Wedges & Beans		√										√	√	√

## Puddings/Desserts

Chocolate chip cookie		√		√			√						√	
Lemon drizzle		√		√			√						√	√
Bakewell Slice		√		√			√						√	√
Fruit cake		√		√			√						√	
Choc ice		√		√			√					√	√	
Muffin - chocolate		√		√			√						√	
Muffin -Blueberry		√		√			√						√	
Jam Doughnut		√		√			√					√	√	
Chocolate doughnuts		√		√			√					√	√	

Party rings		√		√			√			√	√		√	
Cherry Bakewell				√						√	√			
Frubes yogurts							√							
Shortbread		√					√			√				
Screen apple loaves		√												
Apple juice														
Jaffa bars		√	√				√						√	
Chocolate ice cream							√							
Strawberry ice cream							√							
Raspberry ice cream							√							
Rice pudding							√							
Red Jelly														
Orange Jelly														
Tuc biscuits		√		√			√			√	√		√	√

Review date: 07.05.26

Reviewed by: M A



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